Names: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Class Period:\_\_\_\_\_\_\_

**Nutrients Comic Strip**

**Instructions**: Create a superhero based on the nutrient you have chosen. Using your superhero, create a comic strip including the following information:

* What your assigned nutrient is.
* Foods your nutrient can be found.
* Benefits of eating this nutrient and/or what happens if you don’t get enough of this nutrient.

You must draw/color pictures, use all six boxes (you may use more on the backside), and include the information above in order to receive full credit.

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