Nutrient Rap

**Instructions**: Create a rap song based on the nutrient you have chosen. You will write your lyrics (nicely) on the poster provided. You must include the following information to receive full credit.

* What your assigned nutrient is.
* Foods your nutrient can be found.
* Benefits of eating this nutrient and/or what happens if you don’t get enough of this nutrient.
* You must also perform your rap! (At least one person from your group)
* Please write your lyrics on the lines provided below.
* BE CREATIVE AND HAVE FUN!
* Make sure you have written your names and class period on your poster.

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