

Name \_\_\_\_\_ Date: \_\_\_\_\_ Class \_\_\_\_\_

While watching the movie, give an example of each health characteristic we have covered. Watch carefully to see obvious and subtle things we have been learning. Provide as much detail as room allows.

<b>Relationships: connections you have with other people and groups in your life</b>	<b>Adolescence: The stage of life between childhood and adulthood.</b>	<b>Peers: People in your age group.</b>
<b>Lifestyle Factors: behaviors and habits that help determine a person's level of health and wellness.</b>	<b>Risk behaviors: actions or behaviors that might cause injury or harm to yourself or others.</b>	<b>Attitude: a personal feeling or belief.</b>

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**Decision Making: the process of making a choice or finding a solution.**

**Integrity: the quality of doing what you know is right.**

**Tolerance: the ability to accept other people as they are.**

**Accountability: a willingness to answer for you actions and decisions.**

**Empathy: the ability to understand and show concern for another person's feelings.**

**Conflict resolution: solving a disagreement in a way that satisfies both sides.**