**Standard 6: Students will demonstrate knowledge of human development, social skills, and strategies to encourage healthy relationships and healthy growth and development throughout life.**

Day 1 Monday November 9

Changes during Puberty

Objective 1: Describe physical, mental, social, and emotional changes that occur throughout the life cycle

b. Recognize the impact of heredity and environment on growth and development.

c. describe the development and maturation of the brain and its impact on behavior.

d. Identify the mental, social, and emotional developmental changes that occur from infancy through adolescence.

Day 2 Wednesday November 11

Female and Male Anatomy + Relationships Day 1

Objective 1: Describe physical, mental, social, and emotional changes that occur throughout the life cycle.

1. Explain the anatomy and physiology of the male and female reproductive systems.

Objective 2: Describe the interrelationship of mental, emotional, social, and physical health during adolescence.

1. Identify qualities and strategies for developing healthy relationships including healthy ways to manage or adapt to changes.

Objective 3: Explain the processes of conception, prenatal development, birth, and the challenges created by teen and unwanted pregnancies.

1. Identify appropriate ways to show interest and express affection for others.

Day 3 Friday November 13

Relationships and Communication Day 2

Objective 2: Describe the interrelationship of mental, emotional, social, and physical health during adolescence.

b. Analyze how self-image, social norms (e.g., age, gender, culture, ethnicity), and personal beliefs may influence choices, behaviors, and relationships.

c. Identify ways to recognize, respect, and communicate personal boundaries for self and others.

d. Develop and use effective communication skills including being able to discuss questions on sexuality with parents and/or guardians.

e. Develop strategies to manage inappropriate comments or advances from others.

Day 4 Tuesday November 17

Fetal Development, and Teen Parent and Safe Haven Law

Objective 3: Explain the processes of conception, prenatal development, birth, and the challenges created by teen and unwanted pregnancies.

b. Describe the benefits of sexual abstinence before marriage (e.g., personal and relationship growth, preventing early or unintentional pregnancy and/or sexually transmitted diseases), and strategies that support the practice.

c. Predict the impact of adolescent parenting (e.g., relationships, finances, education).

d. Identify adoption as an option for unintended pregnancy and discuss the *Newborn Safe Haven Law.*

Day 5 Thursday November 19

STDs and STIs

**Standard 5: Students will understand and summarize concepts related to health promotion**

**and the prevention of communicable and non-communicable diseases**

Objective 3 Analyze the impact of sexually transmitted diseases including human immunodeficiency virus (HIV) and acquired immune deficiency syndrome (AIDS) on self and others.

a. Identify common sexually transmitted diseases (STDs) (e.g., HIV/AIDS, chlamydia,

gonorrhea, herpes, syphilis).

b. Recognize symptoms, modes of transmission, including the absence of symptoms, and associated pathogens for common sexually transmitted diseases. Terms of a sensitive or explicit nature may be used in discussions.

c. Determine risk-reducing behaviors in the prevention of STDs while discussing the

advantages of abstinence over other methods of preventing sexually transmitted diseases.

d. Recognize the importance of early detection and testing for sexually transmitted diseases.