Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Class Period: \_\_\_\_\_\_\_\_\_

Unit 4: Alcohol, Tobacco & Other Drugs

You will need to bring this to class every day.

DO NOT LOSE THIS PACKET!

**Mustanghealth.weebly.com**

Each day, you have the opportunity to earn ten points by taking notes and completing a bell ringer.  If you are absent, you are responsible for filling in any missed material.  You may get notes from a friend or the class website.

\_\_\_\_\_ Addiction Challenge Part 1 – 10 pts.

\_\_\_\_\_ Addiction – 5 pts.

\_\_\_\_\_ Tobacco – 5 pts.

\_\_\_\_\_ Alcohol – 5 pts.

\_\_\_\_\_ Illegal Drugs – 5 pts.

**This packet is due on: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Addiction Challenge**

\*If you do not participate in this challenge, you will be assigned a research paper in its place.\*

**DUE DATE: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Sadly, most of us will have to deal with addiction at some point in our lives, whether it is a family member, friend or even ourselves that suffer. This challenge is to give you a small glimpse into the life of an addict. I am asking you to try to break a habit you have or give up something you enjoy (on a daily basis) for seven consecutive days. This can be a very eye opening experience if you choose to put forth your full effort. Please answer the two questions below before beginning this experience.

1. **1 point -** What have you chosen to give up for seven days? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
	1. Teacher signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. **2 points -** Who will be in your support group? Make sure you are choosing people that will actually support you in this experience. Choose two people and have them sign below.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 Signature #1 Signature #2

**Part 1: Daily Tracking**

**1 point per day = 7 points total**

**Instructions**: For each of the seven days, you will evaluate your experience. Scales range from 1 to 5, with 1 being the least amount and 5 being the highest amount.

**Day 1:**

Remember, 1 being the least amount and 5 being the highest amount.

* On a scale of 1 to 5…
	+ How much effort did I put forth in breaking my “addiction”? 1 2 3 4 5
	+ How successful was I in breaking my “addiction”? 1 2 3 4 5
	+ How helpful was my support system? 1 2 3 4 5
	+ How confident do I feel in breaking my “addiction?” 1 2 3 4 5

**Day 2:**

Remember, 1 being the least amount and 5 being the highest amount.

* On a scale of 1 to 5…
	+ How much effort did I put forth in breaking my “addiction”? 1 2 3 4 5
	+ How successful was I in breaking my “addiction”? 1 2 3 4 5
	+ How helpful was my support system? 1 2 3 4 5
	+ How confident do I feel in breaking my “addiction?” 1 2 3 4 5

**Day 3:**

Remember, 1 being the least amount and 5 being the highest amount.

* On a scale of 1 to 5…
	+ How much effort did I put forth in breaking my “addiction”? 1 2 3 4 5
	+ How successful was I in breaking my “addiction”? 1 2 3 4 5
	+ How helpful was my support system? 1 2 3 4 5
	+ How confident do I feel in breaking my “addiction?” 1 2 3 4 5

**Day 4:**

Remember, 1 being the least amount and 5 being the highest amount.

* On a scale of 1 to 5…
	+ How much effort did I put forth in breaking my “addiction”? 1 2 3 4 5
	+ How successful was I in breaking my “addiction”? 1 2 3 4 5
	+ How helpful was my support system? 1 2 3 4 5
	+ How confident do I feel in breaking my “addiction?” 1 2 3 4 5

**Day 5:**

Remember, 1 being the least amount and 5 being the highest amount.

* On a scale of 1 to 5…
	+ How much effort did I put forth in breaking my “addiction”? 1 2 3 4 5
	+ How successful was I in breaking my “addiction”? 1 2 3 4 5
	+ How helpful was my support system? 1 2 3 4 5
	+ How confident do I feel in breaking my “addiction?” 1 2 3 4 5

**Day 6:**

Remember, 1 being the least amount and 5 being the highest amount.

* On a scale of 1 to 5…
	+ How much effort did I put forth in breaking my “addiction”? 1 2 3 4 5
	+ How successful was I in breaking my “addiction”? 1 2 3 4 5
	+ How helpful was my support system? 1 2 3 4 5
	+ How confident do I feel in breaking my “addiction?” 1 2 3 4 5

**Day 7:**

Remember, 1 being the least amount and 5 being the highest amount.

* On a scale of 1 to 5…
	+ How much effort did I put forth in breaking my “addiction”? 1 2 3 4 5
	+ How successful was I in breaking my “addiction”? 1 2 3 4 5
	+ How helpful was my support system? 1 2 3 4 5
	+ How confident do I feel in breaking my “addiction?” 1 2 3 4 5

**4.1 Addiction**

**Bell Ringer #1:** What do you know about addiction? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_­­­­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| **What does ADDICTION mean?** |
| **Write your definition here:** |
| **Substance Abuse vs. Addiction** |
| **Substance Abuse** | **Addiction** |
| * Using a substance in the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Can lead to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
 | * Begins as \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* SEE DEFINITION ABOVE
 |

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| **Stages of Addiction** |
| **Stage** | **Description** | **Example** |
| **Stage 1: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | - The person tries a drug for the first time. | Jessica is hanging out with friends. Everyone is smoking pot so she decides to try it. |
| **Stage 2: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | - The person keeps using to feel a certain way.- Begin to use in a predictable pattern. | Jessica liked the way that she felt while smoking pot so she does it again. Now she does it almost every weekend. |
| **Stage 3: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | **-** It takes more of the drug to get high because the brain is adjusting to the drug. | Jessica has noticed that she needs to smoke more in order to get the same feeling that she used to. |
| **Stage 4: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | - The brain and body get used to the drug and won’t function without it.- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_: When a person stops using, he or she gets sick (headache, diarrhea, insomnia, fatigue, anxiety, nausea). Withdrawal goes away when a person uses again. | Jessica hasn’t smoked in a few days. She feels anxious depressed, and can’t sleep. |
| **Stage 5: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | - The person can’t stop using, even when they know it’s causing serious problems in all aspects of life.- They might lie, steal, ruin relationships, go into debt, etc. | Jessica doesn’t feel like she has a problem. She thinks she can quit whenever she wants to...she just doesn’t want to. She has been stealing money from her mom and dad in order to buy marijuana. |

**4.2 Tobacco**

**Bell Ringer #2:**  After reading the provided article, share some of your thoughts. Do you think that we should be concerned about E-Cigarettes? What makes the dangerous or not dangerous? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| **Short-Term Effects** |
| 1. Bad breath 2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_4. More colds/coughs 5. Out of breath 6. Empty wallet  |

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| **What is Tobacco?** |
| * It comes from a plant.
* It contains \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
	+ It gives a temporary \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ feeling.
	+ VERY \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
 |

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| **Why is it so bad for you?** |
| * How many people die from tobacco every year? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* It’s one of the BIGGEST health threats the world has ever faced.
 |
| **Diseases** | * Heart disease and other heart problems
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Cancer
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
 |

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| **What about E-cigarettes?** |
| * They still contain \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* There’s still a lot we don’t know!
 |

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| **Secondhand Smoke** |
| **What is it?** | Smoke that either comes from a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ or is exhaled by a smoker. |
| **Can it damage our health?** | \_\_\_\_\_\_\_\_\_\_\_\_! We can get the same \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and deadly diseases as a smoker. |
| **What can you do?** |  |

**4.3 Alcohol**

**Bell Ringer #3:** List **ALL** of the bad choices made by the girl in the article. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| **What’s the big deal?** |
| * \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_kills more teens than all other drugs combined.
* Alcohol is absorbed into the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
* It goes into our \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ nervous system (CNS).
	+ Controls all body functions
* Our brains don’t stop developing until we are about \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
* Legal drinking age is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
 |
| **How does alcohol affect the body?** |
| * Alcohol is a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
	+ Slows functioning of the CNS and blocks \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ that are trying to get to the brain.
 |
| **A Big Danger** | * \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_: When the body becomes poisoned by large amounts of alcohol.
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_: Drinking a large amount in a short period of time.
* What style of drinking is most common for people under the age of 21? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
 |
| **Alcohol Poisoning** | * Involuntary reflexes are affected - breathing and gag reflex.
* Signs:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
 |
| **Lives Affected - Video** |
| **Choose 1 person - Share specific ways their life will forever be affected by drinking and driving.** |  |
| **Worried about someone else’s drinking?** |
| * Express your concern (I-statements)
* Keep them safe - How? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Keep yourself safe - How? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Get support - Where? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
 |
| **Why shouldn’t you drink?** |
| * You’re not of legal \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
* You’re more likely to become \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
* You’re at risk of physical, mental, social, and legal problems.
* Your \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ is the first to go.
 |

**4.4 Other Drugs**

**Bell Ringer #4**: What drug do you think people most frequently overdose on and why? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| **Inside the Brain** |
| **Neurotransmitters** | Molecules that affect how we \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. |
| **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | Brain cells that send and receive neurotransmitters. |
| **Think of it Like This...** |
| * NEUROTRANSMITTERS are like \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
* NEURONS are like \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
* So...certain neurotransmitters fit certain neurons.
* When certain keys open certain locks, doors are opened to certain \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ & \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
 |
| **Normal Feelings** | When a certain amount of certain doors are opened. |
| **Excited Feelings** | When \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of those doors are opened. |
| **Depressed Feelings** | When \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ doors are opened. |
| **The Connection to Drugs** |
| * Certain drugs mimic \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and can unlock doors to feelings and thoughts.
	+ This is what happens when someone is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. They’ve quickly opened many doors.
 |
| **What’s the Problem?** |
| * The brain \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ making natural neurotransmitters, the drugs \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ the body, then \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_!
* How does a person unlock doors and get that good feeling back? They use again to feel \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
* The more \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_` that are used, the more the body quits making \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
 |
| **Classification of Drugs-Booklets** |
| **Type** | **Names of Drugs** | **Effects and Dangers** |
| Stimulants -  |  |  |
| Depressants -  |  |  |
| Narcotics -  |  |  |
| Hallucinogens - |  |  |
| Cannabis (Marijuana) -  |  |  |
| Inhalants -  |  |  |
| Anabolic Steroids -  |  |  |